



WOMEN'S HEALTH PROGRAM

Hormonal Balance & Feminine Vitality

The Women's Health Program provides comprehensive support for the female body, focusing on hormonal balance, skin health, digestion, reproductive wellness, energy restoration, and stress resilience. Combining advanced therapies, IV support, and personalized nutrition, it helps women achieve vitality and harmony.

Ideal for guests seeking:

- Hormonal balance (PMS, perimenopause, menopause support)
- Relief from fatigue and low energy
- Reduced stress and emotional stability
- Skin tightening and cellulite reduction
- Improved metabolism and digestive function
- Enhanced libido and reproductive health

Program Highlights:

- Medical Diagnostics & Support – functional diagnostics (So-Check), doctor consultation, personalized diet plan with phytoestrogens
- Advanced Technologies – Body Slimmer, Infrashape, Vibroshape, Roll Slimmer, PelviPower, ReLounge, IyashiDome, Ozone Capsule, OxyWell, Icoone, Robolex, Myostimulation
- Internal Support – IV therapies (vitamins, collagen, glutathione, magnesium, B-complex), herbal adaptogens
- SPA & Body Treatments – lymphatic drainage massage, body sculpting, anti-stress massage, thalasso baths, mineral wraps, capillarotherapy

Results You Can Expect:

- ✓ Harmonized hormonal balance
- ✓ Improved skin tone and cellulite reduction
- ✓ Boosted metabolism and reduced swelling
- ✓ Higher energy and emotional resilience
- ✓ Stronger pelvic and core muscles
- ✓ Improved reproductive health and libido
- ✓ Better sleep and stress reduction

Packages Available:

- 3 days – Express Hormonal & Energy Boost
- 7 days – Balanced Vitality & Wellness
- 14 days – Complete Renewal & Feminine Harmony

Duration Options: 3, 7, or 14 days

Location: Caspimayr Retreat Resort Hotel

Price: 1.300 AZN per person for 3 days / 3.450 AZN per person for 7 days / 6.650 AZN per person for 14 days

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