

#### **BRAIN ACTIVATION PROGRAM**

# Cognitive Enhancement & Mental Clarity

The Brain Activation Program is designed to improve mental clarity, memory, focus, and overall cognitive performance. Combining advanced diagnostics, oxygen therapies, neuro-muscular stimulation, stress-relief practices, and nutritional support, this program enhances brain vitality and productivity.

## Ideal for guests seeking:

- · Better concentration and memory
- · Relief from stress and fatigue
- Increased energy and motivation
- · Improved emotional balance
- · Long-term brain health support

## Program Highlights:

- · Medical Diagnostics & Consultations body diagnostics, full health check, and individual recommendations
- Oxygenation & Neurotherapy hyperbaric capsule, oxygen therapy, PelviPower stimulation
- Stress Relief & Gentle Activities breathing practices, yoga, and mindful movement
- Nutritional Support brain-focused dietary plan and vitamin infusions
- Recovery & Relaxation therapeutic baths, thalassowraps, anti-stress SPA rituals

### Results You Can Expect:

- ✓ Sharper focus and memory
- ✓ Reduced stress and anxiety
- ✓ Higher energy levels
- ✓ Improved emotional stability
- ✓ Stronger brain health and resilience

#### Packages Available:

- 3 days Intensive Boost & Stress Relief
- 7 days Optimal Cognitive Reset
- 14 days Deep Neuro-Recharge & Lasting Results

Duration Options: 3, 7, or 14 days

Location: Caspimayr Retreat Resort Hotel

Price: 1.230 AZN per person for 3 days / 3.285 AZN per person for 7 days / 6.065 AZN for

14 days

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